TOWER OF STRENGTH (a round)

I am a tower of strength within and withoutI am a tower of strength withinI am a tower of strength within and withoutI am a tower of strength within

I let all burdens fall from my shouldersAll anxieties slip from my mindI let all burdens fall my shouldersAll anxieties slip from my mind

I let all my shackles be loose I let all my shackles be loose I let all my shackles be loose I let all my shackles be loose